



DINING LOCATION: 7151 YORK AVE - EDINA

PHONE: 952.893.1448

FEBRUARY 2014 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Feb 3rd	Feb 4th	Feb 5th	Feb 6th	Feb 7th
Baked Potato Soup Chicken Salad on Bun Fresh Fruit Cookie	Ham Steak / Honey Mustard Glaze Baby Red Potatoes Mixed Vegetables Pumpernickel w/marg. Apple Slices SR: Grilled Chicken with HM Glaze	Beef Meatloaf with Ketchup Glaze Baked Potato Sour Cream Wheat Pull-Apart w/marg. Green Salad w/ Dressing Diced Pears	Roast Sliced Pork w/ Apple Rhubarb Glaze Mashed Potato/Gravy Squash Dinner Roll w/marg. Chocolate Tart w/topping SR: Sliced Turkey	Chicken Stir-fry Oriental Vegetables Jeweled Brown Rice Peach Slices Sugar Cookie
Feb 10th	Feb 11th	Feb 12th	Feb 13th	Valentine's Day Feb 14th
Country Fried Steak w/Gravy Mashed Potatoes Sliced Beets Pull-A-Part Roll w/marg. Frosted Chocolate Cake RCD: Unfrosted Cake	Chicken Cacciatore Whole Grain Penne Pasta Italian Green Beans Apricots Breadstick w/marg. Butterscotch Pudding	Seafood Primavera over Fettuccine Normandy Blend Veggies Tropical Fruit Breadstick w/marg. Oatmeal Raisin Cookie ALT: Chicken Primavera	All Beef Hot Dog on Bun Ketchup Packet Fresh Cucumbers Vegetarian Baked Beans Fresh Melon	Herb Roasted Quartered Chicken Buttered Corn Herb Roasted Potatoes Potato Dinner Roll w/marg. Frosted Red Velvet Cake RCD: Unfrosted Cake
Presidents Day Feb 17th	Feb 18th	Feb 19th	Feb 20th	Feb 21st
Dining Sites Closed BAG LUNCH Available Turkey on Whole Wheat Bun Mustard Packet 3 Bean Salad Fruit Cookie	Healthy Baked Fish w/Tartar Sauce Rice Pilaf Green Peas Fresh Melon Lime Gelatin ALT: Herbed Chicken Breast	Breakfast Scramble (Sausage, peppers, onions, cheese) Herbed Breakfast Potatoes Blueberry Muffin Juice Cup Orange ALT: Turkey Scramble	BBQ Pork Riblets Tri Tators Creamy Cole Slaw Buttermilk Biscuit w/marg. Fresh Fruit Cup SR: Chicken Breast (no BBQ)	Spaghetti & Meatballs Romaine Salad with Ranch Dressing Fresh grapes WW Bread w/marg. Cherry Streusel Bar
Feb 24th	Feb 25th	Feb 26th	Feb 27th	Feb 28th
Beef Chili w/ Beans w/ Sour Cream Packet Tator Tots Diced Peaches Cornbread Muffin w/marg. Vanilla Pudding	Chicken Strips w/Ranch Dressing Packet Macaroni & Cheese Zucchini Tropical Fruit Cup WW Bread w/marg. M & M Cookie	Savory Beef Pot Roast Roasted Red Potatoes Green Beans Wheat Dinner Roll w/marg. Carrot Cake RCD: Unfrosted Cake	Tuna Noodle Casserole Steamed Carrot Coins Applesauce Pull-A-Part Roll w/marg. Toffee Bar ALT: Chicken Noodle Casserole	Chicken Parmesan Garlic Mashed Potatoes Normandy Blend Veggies French Bread w/marg. Pineapple Chunks

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to www.voamn.org